

**“Mira” Mary E. Tessman, MA, LCPC
Wellspring Healing Arts
1300 York Road, Suite 240-B
Lutherville, MD 21093
410-370-6764**

Welcome to my psychotherapy practice! I am looking forward to meeting you for your scheduled session with me.

Directions and Instructions:

From York Road, one block north of I695, go west on Greenridge Road (across from the Peppermill). Continue into the office complexes and around back to the right. Park in the lot where you see “Suite 240B”.

<https://www.google.com/maps/place/1300+York+Rd+%23240b,+Lutherville-Timonium,+MD+21093>

There is plenty of free parking. The stairs will take you to the second floor.

*If the use of stairs is inaccessible for you, then contact me to schedule a session at an alternative nearby office that has an elevator.

Please go to my website and download the “client forms”. Fill them out and bring them with you to our session along with your payment (cash, check, or credit card). www.wellspringhealingarts.org

Please let me know that you have received this email and if you have any questions.

I am looking forward to meeting and working with you.

Sincerely,

Mira